

COOKING COURSE

Led by an experienced chef, you will learn how to prepare traditional Italian dishes in a cooking workshop in the center of Florence. At the end of each lesson the participants will be able to taste the dishes they have prepared with their own hands.

We offer different types of cooking lessons, some take place every week throughout the year, others only from April to November. It is possible to enroll in just one lesson or choose specialized lessons packages.

Students can enroll in one or more cooking lessons.

COOKING LESSONS

PIZZA AND GELATO: You will learn how to prepare pizza, by knowing the various types of flour, the dosage of the ingredients, how to handle the pasta and the products used for the seasoning and its combinations. In addition, the chefs will reveal to you the secrets of the artisan production of ice creams and sorbets, using only good quality ingredients!

Duration of the lesson: 3 hours

Price: 57 €

HOME MADE PASTA (available from April to November): Pasta is the Italian dish par excellence, you can cook it wherever you are with a few simple ingredients! In this lesson you will learn the techniques and secrets of the ancient Italian tradition of handmade pasta, with egg and various types of flour. You will learn the technique of rolling out the dough by hand with a rolling pin and with the machine. During the lesson we will prepare three different types of pasta and finally, a typical Italian dessert.

Duration of the lesson: 3 hours

Price: 59 €

4-COURSE DINNER: the traditional Italian menu, which consists of appetizer, first course, second course and dessert, is the one prepared in the family on Sundays or on special occasions. This lesson is a unique opportunity to get closer to the true Italian tradition. A complete experience, followed by tasting the dishes prepared.

Duration of the lesson: 4 hours

Price: 69 €

EASY DINNER: you will prepare two typical Tuscan dishes, including sauces, and a dessert.

Duration of the lesson: 3 hours

Price: 57 €

CENTRAL MARKET TOUR + COOKING LESSON (available from April to November): This lesson gives you the opportunity to go and choose yourself the ingredients at the Central Market and then cook them at school under the guidance of the chef and finally taste the finished dishes with the other classmates.

Meeting place: Central Market

Duration of the lesson: 4 hours

Price: 75 €

GOURMET LUNCH and GOURMET DINNER: The 4-hour gourmet cooking lessons, involve a more elaborate menu than the one of the 4-course Dinner lesson, but will still allow you to prepare and eat typical Italian dishes. The lesson is activated with a minimum of 2 participants.

Price: 129 €

MASTER COOKING

Those who wish to attend a more advanced level lesson and specialize in a particular type of dishes, can book 1 to 4 Master Cooking lessons, of the duration of 2 hours each.

Price of each lesson: 135 €

FRESH PASTA: made with water and flour (different types of flour) or egg and potatoes. You will learn how to dose the dough, cut it and cook it. During the course we will prepare 3 types of fresh pasta, manual or machine-cut.

TUSCAN CUISINE: lesson dedicated to the traditions of our region, we will prepare the most famous typical recipes: soups, appetizers and desserts.

MEAT: the lesson is dedicated to the preparation of white and red meat. Starting from the different cutting techniques, you will get to the elaboration of 2 or more seconds typical dishes of the Italian tradition, cooking in the pan and in the oven.

FISH: the lesson involves the selection and preparation of various types of sea and freshwater fish and seafood, with the aim of learning the typical recipes of the Mediterranean tradition.

BASIC PASTRY: is dedicated to those who love desserts and want to learn the basics necessary for their realization, such as puff pastry, creams, pastries, biscuits and cakes.

BASIC ICE CREAM: a basic lesson to illustrate the techniques needed to make different flavors of ice cream and personalized recipes. The lesson includes theory and practice.

BREAD and PIZZA: preparation of pizza and focaccia, from pasta to filling, through the use of leavening machines and the baking. We will make: pizza, bread, breadsticks and focaccia.

PRIVATE LESSONS

Private cooking classes are offered for all kinds of lesson, lasting about 3 and a half hours and including the tasting. The Central Market Tour class lasts about 5 hours including tasting.

Number of persons	Cooking lesson	Central Market Tour lesson
1	270 €	297 €
2	155 €	170 €
3	135 €	149 €
4	115 €	127 €
5	100 €	110 €
6 -10	85 €	95 €
more than 10	prices upon request	

The menu of the Pizza and Gelato/Pasta/4course dinner lesson, will be decided with the participants.

The lessons that will take place on Saturdays after 13:00 and on Sundays, will have an additional cost of € 150 per lesson.

It is necessary to get informed regarding the availability of the lessons before booking.

